

Your Name Story

A Classroom Icebreaker Activity

Instructions

Please share the story of your name with our class (100-200 words).

The following prompts will help you to shape your name story. Please share as much – or as little! – as you feel comfortable doing. This activity may help us to get to know one another a bit better and give us practice in sharing parts of our identity with our colleagues and students. You do not need to respond to all these prompts, so choose 1-3 to shape your name story.

- What is the history of your name (first, middle, and/or last)?
- What is the meaning of your name (translation or other meaning, as you have learned it)?
- What is the significance of your name? (Are you named for someone, or did someone have the responsibility of naming you?)
- What is the story of your naming? How was your name decided?
- What does it feel like to have your name?
- What is a name that you admire and for what reason(s)?
- Are you responsible for the naming of someone else? Or is someone named after you?
- What is another aspect of your heritage that is meaningful to you?

Please return to this document ahead of our activity to also read others' name stories. We will take an opportunity to reflect at our (_____) class session.